

# Visio Divina

## Him—Us—Me Method

CONTEMPLATE A GOSPEL-RELATED IMAGE IN THREE STEPS and DISCUSS DIFFERENT QUESTIONS

BEGIN WITH A PRAYER:

*Come, Holy Spirit, fill the hearts of Your faithful and enkindle in them the fire of Your love. Send forth Your spirit and they shall be created. And You shall renew the face of the earth. Amen.*



*The Temptation, Titian, c. 1516-25*

<p>1st ROUND What does it say about HIM?</p>	<p>What does it say about <u>Jesus</u>? How do we see His actions, character, emotions, and priorities? What do we see of Jesus' divine and human natures? What are the details of how Christ is portrayed: gesture, clothing, posture, relation to others, expression, lighting, etc? What seems to be the setting? How do others react to Him?</p>
<p>2nd ROUND What does it say to US?</p>	<p>What might the artist be trying to convey to <u>us</u> about Christ? How does it relate to the Gospel story pictured? (Read it) What seems to be the meaning of this work of art? What might have been its use or setting? Why was this work valued, used or treasured enough to be preserved until today? What did it teach them to do or be?</p>
<p>3rd ROUND What does it say to ME?</p>	<p>What is it saying to me today? How can I apply it to my life? What am I being challenged to do or become? What do I want to keep pondering? What part of the image sticks with me?</p>

END WITH A PRAYER:

LEADER: *Heavenly Father, thank you that we noticed\_\_\_\_\_ through this art today. Help us to grow to become more truly disciples of Jesus Christ, the Image of the Invisible God, and obedient to the leading of Your Holy Spirit.*

ALL: Our Father, Hail Mary, Glory Be... Amen.